

Holly Springs High School Class of 2017



PLANNING FOR THE JOURNEY AHEAD: SENIOR PLANNING GUIDE

Table of Contents

| | |
|--|----|
| Senior Planning List..... | 3 |
| CFNC..... | 4 |
| Paying for College/FAFSA..... | 5 |
| Scholarship Opportunities..... | 5 |
| College Visit Information..... | 6 |
| Workforce Options after High School..... | 7 |
| Interview Tips..... | 7 |
| Typical Interview Questions..... | 8 |
| Military Options..... | 9 |
| NCAA Quick Tips Requirements, and Eligibility..... | 10 |
| NCAA Core Courses..... | 11 |
| Information for Undocumented Students..... | 12 |
| Senior Financial Obligations..... | 13 |
| Contact Information/Counselors at HSHS..... | 13 |
| Graduation Attire..... | 14 |
| Day of Graduation Reminders..... | 15 |
| Important Calendar Dates..... | 16 |

Transcript Information

Please refer to the [Student Services](#) page of school website to request a transcript and student records.

Senior Planning List

Student Responsibilities

- Take initiative on your college/career search
- Begin early
- Schedule a time to meet with your counselor to explore available options
- Develop a student resume and keep it updated
- **MEET DEADLINES** set by colleges for admission, scholarships, etc.
- Establish expectations, desires, and financial considerations for yourself
- Complete your own applications, registrations, and essays
- Make sure your email address is professional and formal
- Be cautious of how you present yourself on social media
- Request letters of recommendation at least 2 weeks in advance, if needed
- Athletes (Division I & II), register with the NCAA Eligibility Center: www.eligibilitycenter.org
- Keep records of all usernames/passwords, emails, etc.
- Be patient – this is a busy time for everyone

Parent Responsibilities

- Help your student clarify realistic goals
- Discuss future plans, including financial considerations
- Encourage your student to complete his/her own applications, registrations (SAT/ACT), & essays
- Allow your students to make his/her own choices
- Attend your student's meeting with their counselor and any other parent programs to stay informed
- Follow up with your student about important **deadlines**
- Keep records of everything including phone calls, names, meetings, username/passwords, etc.

Getting Started: CFNC

www.CFNC.org

College Foundation of North Carolina (CFNC) is a free service of the State of North Carolina that helps students plan, apply, and pay for college. CFNC is a partnership of Pathways, the N.C. State Education Assistance Authority, and College Foundation, Inc. CFNC allows you to monitor application and transcript status, save in-progress applications and return at a later date, and apply during College Application Week and forego college application fees of participation schools.

First, you will need to create an account. You will need to know your Student ID number, home address, phone number, e-mail, and what high school you attend.

After creating an account you will have access to all of the portals CFNC offers.

“Helping you plan, apply, and pay for college” —College Foundation of North Carolina

Resources Include:

- Apply to any school in North Carolina from one resource
- Access free SAT/ACT test prep
- Explore colleges, careers, and potential majors
- Take career interest inventories
- **Send Transcripts**
- Learn about financial aid and scholarships
- Utilize **The College Redirection Pool**, April-August (For students who have not applied or been accepted into a college).
- Review additional resources for students and parents

Paying for College

Methods of paying for college may include: Scholarships, Grants, Student Loans, Parent Loans, Work Study Programs, College Saving Plans, and other savings accounts.

Financial Aid at a Glance

Federal Student Aid (FAFSA) ensures that all eligible individuals can benefit from federally funded financial assistance for education beyond high school. It is possible to receive extra aid through scholarships, grants, and loans. Federal Student Aid plays a central and essential role in supporting post-secondary education by providing money for college to eligible students and families.

Today, Federal Student Aid performs a range of critical functions that include, among others:

- Educating students and families on the process of obtaining aid
- Process millions of student financial aid applications each year
- Disbursing billions of dollars in aid funds to students through schools

The Free Application for Federal Student Aid (FAFSA) <https://fafsa.ed.gov/> is generally used to determine federal, state, and institutional need-based aid eligibility. This is a *free* application and it is the only application students must complete to be considered for all federal aid funding including; Pell Grants Supplemental Educational Opportunity, Stafford Loans, Perkins Loans, Work-Study, and Grants.

FAFSA applications are available online on October 1st of your senior year and to complete the form, you will need to acquire a Personal Identification Number (PIN) at www.pin.ed.gov. FAFSA forms completed online are processed 7-14 days faster than paper forms and the data can be sent to 10 colleges.

** Note: Individual colleges may also require the completion of supplemental forms*

HSHS's Financial Aid Advisor is Mrs. Tori Sharpe who is familiar with the financial aid system and the difficulties of filling out the FAFSA (Free Application for Federal Student Aid). Mrs. Sharpe is located in Student Services every Monday. Appointments may be made by emailing her at vsharpe@wcpss.net or by signing up in the schedule notebook located in Student Services. Don't miss the opportunity to learn about financial aid that is available to you and why every student going to college should submit a FAFSA form.

Merit-Based and Need-Based Scholarships

Merit-based scholarships are typically awarded for outstanding academic achievements, although some merit scholarships can be awarded for special talents, leadership potential, volunteerism and service, community involvement, or other personal characteristics.

Need-based scholarships are awarded on the basis of the financial need of a student. The financial need is typically determined from the student's completed FAFSA form. For more information about scholarships, view the Holly Springs High School Bulletin at <http://www.wcpss.net/Page/15495>.

College Visit Information

Perhaps the most influential factor in college selection is the campus visit. A visit allows you to get a feel for the campus and to see if that college/university is a good “fit” for you. It is tremendously important to visit the campus and to see the students, meet professors, tour residence halls, etc. Be sure to ask questions about the academic rigor, social environment, extracurricular activities, class sizes, and housing options. To plan a campus visit, visit the college’s website and register on-line or call the Admissions Office. For more information, tips, personal experiences, checklists, and more, visit:

<https://bigfuture.collegeboard.org/find-colleges/campus-visit-guide>

Suggestions for Your Visit

- Verify admission requirements and discuss your chances for successful admission
- Find out about the quality of the Career Services Office
- Talk with students on campus
- Ask about scholarships and financial aid
- Seek information on job placement rate or graduate school acceptance rate of the graduates from that specific college/university.

Enrollment Statistics for UNC System Schools & NC Public Colleges/Universities

| Public Universities | Avg Weighted GPA | Avg SAT | Avg ACT | Location |
|---------------------------------|-------------------------|----------------|----------------|-----------------|
| Appalachian State | 4.06 | 1155 | 26 | Boone |
| East Carolina University | 3.10 | 1042 | 22 | Greenville |
| Elizabeth City State University | 2.5 | 800 | 17 | Elizabeth City |
| Fayetteville State University | 3.25 | 890 | 19 | Fayetteville |
| NC A&T State University | 3.13 | 980 | 18 | Greensboro |
| NC Central University | 3.20 | 887 | 18 | Durham |
| NC State University | 3.63 | 1248 | 28 | Raleigh |
| UNC Asheville | 3.40 | 1197 | 24 | Asheville |
| UNC Chapel Hill | 4.59 | 1308 | 29 | Chapel Hill |
| UNC Charlotte | 3.60 | 1095 | 24 | Charlotte |
| UNC Greensboro | 3.60 | 1025 | 23 | Greensboro |
| UNC Pembroke | 3.38 | 1060 | 19 | Pembroke |
| UNC Wilmington | 4.10 | 1192 | 24 | Wilmington |
| UNC School of the Arts | 3.70 | 1120 | 24 | Winston Salem |
| Western Carolina University | 3.80 | 1043 | 22 | Cullowhee |
| Winston Salem State University | 3.01 | 898 | | Winston Salem |

| Private Universities | Avg Weighted GPA | Avg SAT | Avg ACT | Location |
|-------------------------------------|-------------------------|----------------|----------------|-----------------|
| Brevard College | 3.07 | 990 | 20 | Brevard |
| Cabarrus College of Health Sciences | 3.60 | 988 | 21 | Concord |
| Campbell University | 3.40 | 1086 | 22 | Buies Creek |
| Catawba College | 3.60 | 1021 | 21 | Salisbury |
| Chowan University | 2.67 | 810 | 16 | Murfreesboro |
| Davidson College | 3.90 | 1360 | 30 | Davidson |
| Elon University | 3.98 | 1225 | 27 | Elon |
| Gardner-Webb University | 3.72 | 1019 | 22 | Boiling Springs |
| Greensboro College | 3.30 | 880 | 16 | Greensboro |
| Guilford College | 3.50 | 1026 | 23 | Greensboro |
| High Point University | 3.23 | 1102 | 24 | High Point |
| Johnson & Wales - Charlotte | 3.15 | | | Charlotte |
| Lees-McRae College | 3.29 | 969 | | Banner Elk |
| Lenior-Rhyne University | 3.60 | 988 | 21 | Hickory |
| Livingstone College | 2.32 | 744 | 15 | Salisbury |
| Mars Hill College | 3.21 | 935 | 20 | Mars Hill |
| Meredith College | 3.28 | 1060 | 22 | Raleigh |
| Methodist University | 3.40 | 982 | 21 | Fayetteville |
| Saint Augustine's College | 2.42 | 822 | 15 | Raleigh |
| Salem College | 3.70 | 1060 | 24 | Winstom Salem |
| Shaw University | 2.42 | 736 | 15 | Raleigh |
| University of Mount Olive | 2.90 | 950 | | Mount Olive |
| Wake Forest University | | | 27-31 | Winston Salem |
| William Peace University | 3.20 | 990 | | Raleigh |
| Wingate University | 3.34 | 1019 | 22 | Wingate |

Workforce Options

Entering the Work Force

If you have decided to get a job immediately after high school, it is suggested that you:

- Utilize the internet or community resources to access state and national job listings, complete applications, or build your resume
- Take a career and work value survey. CFNC.org has several and the ASVAB is an aptitude test used to assess your natural abilities and skills. You may contact your Career Development Counselor for more information.
- Visit your high school's career center and media center. Visit the Public Library. Research company websites and contact the N.C Employment Security Commission located at 700 Wade Avenue, Raleigh 27611 or call them at (919) 733-6700.
- Talk with people who are employed in the fields you are interested in and ask about their education/training, likes/dislikes, opportunities for advancements, etc.
- Talk with the HSHS Career Development Coordinator, Mr. Herrick, about job shadowing and internship possibilities.
- Attend your school's Career Fairs and other county-sponsored career/college fairs, like Xtreme Beginnings. Visit <http://www.wcpss.net/domain/22> for more information.

Xtreme Beginnings is an annual college and career exploration event for the 10th-12th grade students. Selected students are invited to participate. Xtreme Beginnings offers students the following

- ❖ Mock job interviews and feedback from Human Resources professionals
- ❖ Interest sessions on specific topics like appropriate interview attire and how to present your "best self"
- ❖ Career Expo room to speak with professionals in various careers
- ❖ Employment Fair to connect with local companies and agencies

Interested students should contact their Career Development Coordinator for more information

Tips for Resumes and Interviews

www.rockportinstitute.com/resumes

www.collegegrad.com

Career Opportunities

Americas Job Bank: www.ajb.dni.us

Monster: www.monster.com

News & Observer Classified Ads: www.trianglejobs.com

NC State Government Job Opportunities: www.osp.state.nc.us/jobs

www.careerbuilder.com

For other job listings and on-line applications: www.ncese.com

Typical Interview Questions

1. Tell me a little about yourself.
2. What extracurricular activities were you involved in throughout high school?
3. Tell me about your academic record.
4. Do you think your grades are a good indication of your academic ability? Why or Why not?
5. What supervisory or leadership roles have you held? What did you learn about yourself when in this role?
6. Why do you feel you would be a good fit for our company?
7. Where do you see yourself in 5 to 10 years?
8. Describe a few achievements that have given you the most satisfaction?
9. In what way would you contribute to our organization/college?
10. Tell me about a time when you worked effectively under pressure.
11. Describe a time when you effectively worked with team members to accomplish a task.
12. Tell me about a time when you had to adapt to a difficult situation.

Military Options

www.todaysmilitary.com

Representatives from different branches of the military visit high schools periodically throughout the year. These visits are scheduled through the Student Services office or the Career Center. At other times military representatives may be reached at their local offices.

| | | |
|---------------------|----------------|--|
| Air Force | (919) 380-7242 | www.airforce.com |
| Air Force Reserve | (919) 873-9044 | www.arfc.af.mil |
| Army | (919) 873-0797 | www.army.com |
| Army Reserve | (919) 772-1050 | www.goarmy.com/reserve |
| Coast Guard | (919) 878-4008 | www.uscg.mil |
| Coast Guard Reserve | (919) 878-4008 | www.gocoastguard.com |
| Marines | (919) 872-9955 | www.marines.com |
| Marines Reserve | (919)834-2954 | www.marines.com/reserve |
| Navy | (919) 873-1284 | www.navy.com |
| Navy Reserves | 1-866-628-7327 | www.navyreserve.com |
| National Guard | (919) 790-1908 | www.nationalguard.com |

The Armed Services Vocational Aptitude Battery (ASVAB) is an aptitude test used to assess an individual's natural abilities and skills. The military branches require the ASVAB for entrance into the military. Whether you are considering a military career or other career options, the ASVAB is an excellent tool to help determine your own natural abilities that will assist you in making an informed career choice. The ASVAB is given annually at each high school.

If you are interested in enlisting in the military and also going to college, be sure to ask about the military academics and/or the Reserved Officers Training Corp (ROTC) programs and scholarships. Deadlines for ROTC scholarships are usually from October to December, so early planning is advised. The application process for the Military Academy usually begins during the summer before your senior year, but if you have not started the process and are interested in an Academy, be sure to investigate no later than early October.

Academy and ROTC Information:

Army- The United States Military Academy, West Point, New York: www.usma.edu

ROTC: www.rotc.monroe.army.mil

Air Force- The Air Force Academy, Colorado Springs, Colorado: www.usafa.af.mil

ROTC: www.afrotc.com

Navy/Marines- The United States Naval Academy, Annapolis, Maryland: www.usna.edu

ROTC: www.nrotc.navy.mil

Coast Guard- The United States Coast Guard Academy, New London, Connecticut: www.cga.edu

NCAA Quick Tips Sheet

The National Collegiate Athletic Association (NCAA) has established a central eligibility center to certify athletic eligibility to Division I and II institutions (Division III institutions do not require NCAA eligibility). Students who intend to participate in a NCAA sport, with or without a scholarship, as a freshman in college must register with and be certified by the NCAA Eligibility Center.

www.eligibilitycenter.org

Student Action Plan Year by Year

Grade 9/10

- When choosing courses, make sure to include courses that are NCAA Approved Core courses. (See next page)

Grade 11

- When choosing courses, make sure to include courses that are NCAA Approved Core courses. (See next page)
- Register with the NCAA at www.eligibilitycenter.org
- At the end of your junior year, give the NCAA student release to the Student Services office at your school so your transcript can be mailed to the NCAA
- Take the SAT or ACT and have your scores sent to the NCAA eligibility center (Code is 9999)

Grade 12

- When choosing courses, make sure to include courses that are NCAA Approved Core courses. (See next page)
- Take the SAT or ACT and have your scores sent to the NCAA eligibility center (Code is 9999), if you have not done so already
- Have your final transcript sent to the NCAA in June

NCAA Core Courses

Division I: 16 Core Courses

- 4 years of English
- 3 years of Mathematics (Algebra 1 or higher)
- 2 years of Natural/Physical Science (1 year of lab if offered by high school)
- 1 year of additional English, Mathematics, or Natural/Physical Science
- 2 years of Social Science
- 4 years of additional courses from any area above, foreign language, or comparative religion/philosophy

Division II: 14 Core Courses

- 3 years of English
- 2 years of Mathematics (Algebra 1 or higher)
- 2 years of Natural/Physical Science (1 year of lab if offered by high school)
- 2 years of additional English, Mathematics, or Natural/Physical Science
- 2 years of Social Science
- 3 years of additional courses from any area above, foreign language, or comparative religion/philosophy

Division III: 16 Core Courses

- 3 years of English
- 2 years of Mathematics (Algebra 1 or higher)
- 2 years of Natural/Physical Science (1 year of lab if offered by high school)
- 3 years of additional English, Mathematics, or Natural/Physical Science
- 2 years of Social Science
- 4 years of additional courses from any area above, foreign language, or comparative religion/philosophy

Test Scores

- Division I uses a sliding scale to match test scores and core grade-point averages. The sliding scale for those requirements is shown here:
http://fs.ncaa.org/Docs/eligibility_center/Quick_Reference_Sheet.pdf
- Division II requires a minimum SAT score of 830 or an ACT score of 68. SAT score used for NCAA purposes include **only** the critical reading and math sections. The ACT score used for the NCAA purposes is a sum of the following four sections: English, Mathematics, Reading, and Science.
- **When you register for the SAT or ACT, use the NCAA Eligibility Center code of 9999 to ensure all SAT and ACT scores are reported directly to the NCAA Eligibility Center from the testing agency. Test scores that appear on transcripts will not be used.**

Grade-Point Average

- Only courses that appear on your school's list of NCAA Courses will be used in the calculation of the core grade-point average.
- Division I core grade-point average requirements are lists on the sliding scale
- Division II core grade-point average requirements is a minimum of 2.0

Information for Undocumented Students

1. For individuals interested in discussing paths to citizenship, contact Wake County Human Services, Legal Aid, or the other resources in the resource guide listed below.
2. Consider acquiring an Individual Taxpayer Identification Number (IRS Form W-7) to begin paying taxes. This can be done at Centro para Familias Hispanas located at 2013 N. Raleigh Blvd., Raleigh. You may also call (919) 873-0094 or visit their website at www.cpfhraleigh.org
3. Admission to the UNC system public universities is available to undocumented students with limitations. Undocumented students must pay out-of-state tuition. Additional details can be found at www.northcarolina.edu and type “undocumented” in the search box.
4. Private colleges are independent of the UNC system. Each individual private or independent college or university in N.C. makes its own decision regarding admission of undocumented students.
5. Community College admission of undocumented students is permitted, but those students must pay out-of-state tuition. Additional details can be found at the NC Community College State Board Code Chapter 12-0301. <http://www.nccommunitycolleges.edu/sbcccode>
6. Paying for college: Only documented student are eligible to receive federal financial aid through the FAFSA form. Private scholarships and other sources of money may be available to undocumented students. Read the residency requirements of the scholarship or financial resources for qualifications.
7. For information on pathways to citizenship, access to healthcare and education, ESL classes, and much more:
 - N.C. Society of Hispanic Professions- (919) 467-8424
 - WCPSS Hispanic/Latino Outreach and Prevention Services- (919)858-3227
 - Mexican American Legal Defense and Educational Fund- www.maldef.org
 - Hispanic Scholarship Fund- www.hsf.net
 - El Pueblo- 4 North Blount Street, Raleigh, NC. (919) 835-1525 or visit www.elpueblo.org
 - Mexican Consulate in NC- 336 E. Six Forks Road, Raleigh, NC 27609. (919)752-0045 or visit <http://consulmex.sre.gob.mx/raleigh/>
 - Wake County Human Services Latino Resource Guide- This is an in-depth guide of resources like legal, social, education, career opportunities , health, clothing, housing, and other community resources for Spanish speaking families.
<http://www.wakegov.com/humanservices/social/Documents/Wake%20%20Resource%20Guide%202015.pdf> (Page 52)

Senior Financial Obligations

Do you owe a fine or fee? Ms. Young and Ms. Mattox are collecting all senior fines and fees. Note that fees can also be paid online through the OSP application linked to our website

When can you pay your senior fines and fees? Wednesdays and Thursdays during hot lunch or before school

Where? Room 3602 and the main office

Special Note: After Friday, May 27nd, all fines and fees must be paid with cash or money order. Remember, all fines and fees must be paid in order to participate in graduation.

Who to Contact?

Cap and Gowns- Tamera Young (tyoung@wcpss.net)

Graduation Committee- Alexandra Solender (asolender@wcpss.net), Alan Ellington (aellington@wcpss.net)

Fines/Fees Concerns or Questions- Karen Robertson (krobertson1@wcpss.net)

Scholarships- Kristie Jones (kjones15@wcpss.net)

Counselors at Holly Springs High School

Alan Ellington- Dean of Students

Belinda Burch (bburch2@wcpss.net) SAP

Amy Gregorio (agregorio@wcpss.net)- A-E

Corina Murray (cmurray@wcpss.net)- F- K

Matt O'Connor (moconnor@wcpss.net) L-R

Kristie Jones (kjones15@wcpss.net) S-Z

Student Services: phone (919) 577-1444 or fax (919) 567-4196

Graduation Attire

Men—

- White dress collared shirt and dark tie
- Dark dress pants and dark socks.
- No jeans please
- Dark shoes



Women—

- Choose a simple lightweight dress to wear under your graduation robe
- The dress should not exceed the length of the gown
- No slacks please
- Dark shoes
- Be cautious of the size of the heel and remember that you must walk up stairs and across a stage safely
- Seniors may attach the white collar to their graduation gown if they choose (optional)

Graduation Attire for All

- Both men and women should wear caps straight on the head, parallel to the floor (no hat decoration/alterations are permitted)
- Tassels are to be worn on the right side of the cap until the conclusion of the graduation ceremony
- Graduates will be instructed as a group to move the tassel to the left side to signify graduation
- Do not lose your tassel; it falls off easily and cannot be replaced on the day of graduation
- Caps and Gowns should be pressed and wrinkle free prior to ceremony (the gowns melt easily if the iron is too hot, so be sure to use a cool iron)

Day of Graduation Reminders

Reminders for you and your guests...

- The Raleigh Convention Center does not allow anyone to enter the facility with flowers, signs, balloons, noise makers, wrapped packages, camera bags, book bags/backpacks, food or drinks.
- During the ceremony individuals will be allowed to take pictures along the far wall to the right of the stage only.
- Seniors will graduate in alphabetical order. Each student will cross the stage and receive a diploma from the principal. The audience is asked to refrain from applause or noise in order for all seniors' names to be heard.
- All school rules apply to all graduation activities. Inability to follow school rules and graduation guidelines may impact your ability to participate in the ceremony. We want this to be a happy time for you, but we also want it to be a dignified ceremony.
- Refrain from bringing food, beverages and other personal items into the Convention Center. No storage space can be provided for personal items.
- All electronic devices must be off during the entire ceremony. Graduates will not be able to use a phone as a camera at any point during the ceremony.
- A professional photographer will take a picture of each senior as he/she is presented the graduation diploma cover. A proof of this picture will be sent to each home.
- Diplomas will be distributed immediately after the ceremony. All unclaimed diplomas will need to be picked up at HSHS the week following graduation.
- Yelling or pranks during graduation will distract from the ceremony. If necessary, you may be removed and your diplomas will be withheld. If this happens, students will have to make arrangements to pick them up at HSHS.

Mark Your Calendar!

Important Dates for Seniors at HSHS

August 29, 2016 - Senior Parade/Breakfast 7:00am-7:25am

September 15, 2016 - Junior/Senior Night 7:00pm-8:00pm

November 14-18, 2016 - College Application Week through CFNC (Application Fees Waived)

April 18, 2017- Senior Class Meeting

April 22, 2017 - Prom

May 26, 2017 - Senior Awards Day / Senior Picnic 7:00am-12:30pm

June 5, 2017 - Graduation Rehearsal -- **REQUIRED**

Time: 6:00 – 8:00pm

Place: Raleigh Convention Center

- Seniors must be present in order to participate in graduation ceremony
- No need to bring your cap and gown to rehearsal
- Tickets for graduation will be distributed at the end of rehearsal
- Students receive 8 tickets. There will be no additional tickets to request.

Parking will cost \$7 cash on day of rehearsal and graduation. Students are responsible for their own transportation.

June 11, 2017 - Graduation

Time: 4:00 PM

Place: Raleigh Convention Center

